

# Bellingham Internal Medicine

## New Patient Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Marital Status M W D O

Home Phone : \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Preferred Contact:  Home  Work  Cell

E-mail Address: \_\_\_\_\_

Social Security No. \_\_\_\_\_

Referred by: \_\_\_\_\_

Employed by: \_\_\_\_\_ Occupation: \_\_\_\_\_

Primary Insurance Company \_\_\_\_\_

Primary Insurance ID No \_\_\_\_\_

Secondary Insurance Company \_\_\_\_\_

Secondary Insurance ID No \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone # \_\_\_\_\_

Referred by \_\_\_\_\_

Preferred Pharmacy (if any) \_\_\_\_\_

By signing below, I authorize the Bellingham Internal Medicine Associates or its agents to furnish to any hospital, health care service plan, or insurer any medical information obtained if such disclosure is necessary to allow the processing of any insurance claims. I have been given the opportunity to examine the "Notice of Privacy Practice" and "Notice of Patients Rights" if I so desire. I acknowledge that I am financially responsible for any co-payments, deductibles or denials of payment by my insurance company and authorize the charging of any co-pay or insurance mandated deductible due to my credit card on file at the office.

Signature: \_\_\_\_\_ Date \_\_\_\_\_

# Bellingham Primary Care

## Bellingham Internal Medicine Associates, P.C.

\_\_\_\_\_  
*Name*

AGE: \_\_\_\_\_ How would you rate your general health?     Excellent     Good     Fair     Poor

**PRESENT HEALTH CONCERNS:** \_\_\_\_\_  
\_\_\_\_\_

**MEDICATIONS:** Prescription and non-prescription medicines, vitamins, home remedies, birth control pills, herbs:

Medication	Dose (eg. mg/pill)	How many times per day	When started
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**ALLERGIES or REACTIONS TO MEDICINES:** \_\_\_\_\_

When were your most recent **IMMUNIZATIONS:**

Hepatitis A \_\_\_\_\_ Hepatitis B \_\_\_\_\_ Influenza (Flu Shot) \_\_\_\_\_ Measles \_\_\_\_\_ Pneumovax (Pneumonia) \_\_\_\_\_  
Rubella \_\_\_\_\_ Tetanus (Td) \_\_\_\_\_ Varicella (chicken pox) shot \_\_\_\_\_ or Illness \_\_\_\_\_

When were your most recent **HEALTH MAINTENANCE** screening tests:

Lipid (Cholesterol Screening) _____ Results? _____	PSA (Prostate cancer screen) _____ Results? _____
Mammogram _____ Results? _____	Stool test for blood _____ Results? _____
Ever abnormal? _____ Details: _____	Sigmoidoscopy? _____ Results? _____
Pap Smear _____ Results? _____	
Ever abnormal? _____ Details: _____	

**PERSONAL MEDICAL HISTORY:**

Please indicate whether you have had any of the following medical problems (with dates):

____ Heart disease: <i>specify type</i> _____	____ Bleeding/clotting problem (286.9)	____ Alcoholism (Sub, 303.90)
____ Heart attack (412)	____ Blood transfusion (V58.2)	Other problems (specify): _____
____ High blood pressure (401.9)	____ Cancer (Malignancy) <i>specify type</i> _____	_____
____ Diabetes (Endo, 250.00)	____ Stroke	_____
____ High cholesterol (Endo, 272.4)	____ Depression/suicide attempt (311)	_____
____ Thyroid problem (246.9) <i>specify type</i> _____		

**SURGICAL HISTORY:**

Please list all prior operations (with dates): \_\_\_\_\_  
\_\_\_\_\_

## SOCIAL HISTORY

### Substance & Sexuality

#### Tobacco Use

Cigarettes  Never  Quit: Date \_\_\_\_\_  
 Current: Smoker: packs/day \_\_\_\_\_ # of yrs \_\_\_\_\_

Other Tobacco:  Pipe  Cigar  Snuff  Chew  
Are you interested in quitting?  No  Yes

#### Alcohol Use

Do you drink alcohol?  No  Yes: # drinks/week \_\_\_\_\_  
Is alcohol use a concern for you or others?  No  Yes

#### Drug Use

Do you use any recreational drugs?  No  Yes  
Have you ever used needles?  No  Yes

#### Sexual Activity

Sexually Active:  Yes  No  Not currently  
Current sex partner(s) is/are:  male  female

Birth control method: \_\_\_\_\_  None needed  
Have you ever had any sexually transmitted diseases (STDs)?  No  Yes  
Are you interested in being screened for sexually transmitted diseases?  No  Yes

#### Socioeconomics

Occupation: \_\_\_\_\_ Employer \_\_\_\_\_

Years of Education/Highest Degree \_\_\_\_\_ Marital Status:  S  M  D  W  Other: \_\_\_\_\_

Spouse/Partner's name: \_\_\_\_\_ Number of children/ages: \_\_\_\_\_

Who lives at home with you? \_\_\_\_\_

**SPECIALTY HISTORY:** For women: # pregnancies: \_\_\_\_\_ # deliveries: \_\_\_\_\_ # abortions: \_\_\_\_\_ # miscarriages: \_\_\_\_\_

1st day, most recent period: \_\_\_\_\_ Age at 1st period: \_\_\_\_\_ Frequency of periods: \_\_\_\_\_ Length of each: \_\_\_\_\_

Do you have any concerns about your periods?  No  Yes: \_\_\_\_\_

Do you have any concerns about menopause?  No  Yes: \_\_\_\_\_

### REVIEW OF SYMPTOMS: Please check (✓) any current problems you have on the list below:

#### Constitutional

- \_\_\_ Fevers/chills/sweats
- \_\_\_ Unexplained weight loss/gain
- \_\_\_ Change in energy/weakness
- \_\_\_ Excessive thirst or urination

#### Eyes

- \_\_\_ Change in vision

#### Ears/Nose/Throat/Mouth

- \_\_\_ Difficult hearing/ringing in ears
- \_\_\_ Problems with teeth/gums
- \_\_\_ Hay fever/allergies

#### Cardiovascular

- \_\_\_ Chest pain/discomfort
- \_\_\_ Palpitations

#### Chest (breast)

- \_\_\_ Breast lump/nipple discharge

#### Respiratory

- \_\_\_ Cough/wheeze
- \_\_\_ Difficulty breathing

#### Gastrointestinal

- \_\_\_ Abdominal pain
- \_\_\_ Blood in bowel movement
- \_\_\_ Nausea/vomiting/diarrhea

#### Genitourinary

- \_\_\_ Nighttime urination
- \_\_\_ Leaking urine
- \_\_\_ Unusual vaginal bleeding
- \_\_\_ Discharge: penis or vagina

#### Musculo-skeletal

- \_\_\_ Muscle/joint pain

#### Skin

- \_\_\_ Rash/mole change

#### Neurological

- \_\_\_ Headaches
- \_\_\_ Dizziness/light-headedness
- \_\_\_ Numbness
- \_\_\_ Memory loss
- \_\_\_ Loss of coordination

#### Psychiatric

- \_\_\_ Anxiety/stress
- \_\_\_ Problems with sleep
- \_\_\_ Depression

#### Blood/Lymphatic

- \_\_\_ Unexplained lumps
- \_\_\_ Easy bruising/bleeding

#### Other

- \_\_\_ Problems with sexual function

## Other Concerns

**CAFFEINE Intake:**  None  Coffee/tea: \_\_\_\_\_ cups/day

Sodas: \_\_\_\_\_ /day  Chocolate: \_\_\_\_\_ oz./day

**WEIGHT:** Are you satisfied with your weight?  No  Yes

**DIET:** How do you rate your diet?  Good  Fair  Poor

Do you take SUPPLEMENTS? \_\_\_\_\_

Do you drink 4 lg. glasses of milk daily or take CALCIUM supplements?  No  Yes

**EXERCISE:** Do you exercise regularly?  No  Yes

What kind of exercise? \_\_\_\_\_

How long (minutes) \_\_\_\_\_ How often? \_\_\_\_\_

If you do not exercise, why? \_\_\_\_\_

**BIKE HELMET:** Do you use a bike helmet?  No  Yes

**SEAT BELT:** Do you use seatbelts consistently?  No  Yes

Is VIOLENCE at home a concern for you?  No  Yes

Have you ever been ABUSED?  No  Yes

Do you have a GUN in your home?  No  Yes

**FAMILY HISTORY:**

Please indicate the current status of your immediate family members:

		<u>Alive</u>	<u>Deceased</u>	<u>Age (now or at death)</u>	<u>Comments/Cause of death</u>
Mother:		_____	_____	_____	_____
Father:		_____	_____	_____	_____
Sister(s):	# _____	_____	_____	_____	_____
Brother(s):	# _____	_____	_____	_____	_____
Daughter(s):	# _____	_____	_____	_____	_____
Sons(s):	# _____	_____	_____	_____	_____